Appendix A

Special Conditions for treatments using Intense Optical Radiation (e.g. laser/IPL)
November 2015

1) Non-Surgical Lasers/IP

a) The licence holder shall produce the ‘treatment protocol’ document which shall be kept on site. *(Annex 1 outlines the information required in this document)*. The licence holder may wish to attain the services of an Expert Medical Practitioner to complete this.

b) The licence holder must produce suitable laser/IPL safety instructions (Local Rules). These should be read and understood by all staff that may be exposed to the risks from the equipment. Evidence of understanding should be documented. The local rules must be up to date and reflect current equipment, facilities and working practices. *An example of suitable content is given in Annex 2*

c) The ‘local rules’ shall be updated if there are any changes made to the equipment in use, changes in procedure or treatment room if these affect the safe use of the laser/IPL.

d) The licence holder shall perform a suitable and sufficient risk assessment, with regards to the risks from optical radiation. They shall provide evidence that they have employed the services of a Certificated Laser Protection Adviser (LPA) to assist with this. The LPA should be tasked to write a report which includes written recommendations for suitable controls. Risk assessments must be reviewed at appropriate intervals or where any changes are made that may affect the risk management.

Training

e) All Authorised Users must hold a qualification that meets the current National Occupational Standards (NOS) at level 3 in a relevant subject (Epilation). For all new applications from 1st January 2014 the NOS will be at VTCT Level 4 for IPL and Laser.

f) Staff members involved in the use of the equipment or safety management shall also attend a suitable laser safety management course, e.g. Laser Core of Knowledge. Laser operators should be able to demonstrate appropriate training and competence for each type of treatment offered.

g) A suitably qualified member of staff on the premises shall be identified as the laser protection supervisor they will have day to day to responsibility of ensuring the local rules are followed.

h) A treatment register shall be completed every time the laser/IPLS is operated, including the following information:

- the name of the person treated (including a second means of identification);
- the date and time of treatment;
- the name and signature of the laser/IPLS operator;
- the nature of the laser/IPLS treatment given;
- the treatment parameters;
- any accidents or adverse effects.
Laser/IPL Controlled Area

i) The area around working lasers/IPLS shall be controlled to protect other persons while treatment is in progress. The controlled area shall be clearly defined and not used for other purposes.

A suitable safety warning sign or light entry system which complies with current British Standards shall be in place on the door of the controlled area.

j) All lasers/IPLS shall comply with current standards (BS EN 60601-2-22 for medical lasers and BS 60601-2-57) and shall display labels identifying them, their wavelength or range of wavelengths and the maximum output power of the radiation emitted. The labels shall be clearly visible on the front or side of the machine.

k) The door to the controlled area shall be fitted with a suitable device which can be operated from the outside in an emergency.

l) Any windows in the controlled area shall be fitted with opaque blinds approved by the LPA.

m) The controlled areas shall be kept clear of clutter, mirrors shall be avoided and jewellery shall not be worn.

n) Surfaces within the controlled area shall be of a matt or eggshell finish.

o) Protective eyewear shall be worn by everyone within the controlled area whenever there is a risk of exposure to laser/IPLS. All protective eyewear shall be marked with the wavelength range and protection offered as detailed in the local rules document. They shall be in a clean serviceable condition.

p) The laser protection supervisor shall ensure that the key to any laser/IPLS equipment is kept in a secure and separate area when not in use and that only authorised users have access to the key.

q) Lasers/IPLS shall be serviced in accordance with manufacturer’s instructions and a record kept of servicing and repairs with the local rules document.
ANNEX 1

Laser /IPLS Treatment Protocol Document

It is advised that the treatment protocol is produced with the guidance of an expert medical practitioner (EMP) in relation to the licence holder’s equipment/premises.

The treatment protocol sets out the necessary pre-treatment checks and tests, the manner in which the laser/IPLS is to be applied, the acceptable variations in the settings used, and when to abort a treatment.

The treatment protocol should be signed and dated by the EMP to confirm authorisation, should be reviewed annually and include a projected date for review.

A separate treatment protocol should be in place for each laser/IPLS in use at the licensed premises.

The treatment protocol must include the following:

- name and technical specifications of the equipment
- contraindications
- treatment technique – general
- treatment technique – hair reduction
- client consent prior to treatment
- cleanliness and infection control
- pre-treatment tests
- post-treatment care
- recognition of treatment-related problems
- emergency procedures
- permitted variation on machine variables
- procedure in the event of equipment failure
ANNEX 2

CONTENT OF LASER/IPLS LOCAL RULES DOCUMENT

1) Potential Hazards

   List all types of hazards including fire, skin and eye injuries, electrical etc.

2) Device Description

   Description of all devices including output, serial numbers etc.

3) Treatment Protocol

   Reference to separate document produced by the Expert Medical Practitioner.

4) Written Procedures

   Supported by reference to user manual/training manual etc.

5) Adverse Incident Procedure

   a) Details of actions that shall be taken in cases of emergency eg. eye exposure
   b) Name, address and telephone no of local accident and emergency department.
   c) Any incidents must also be reported to Croydon Council, list of their contact details,

6) Emergency Shutdown Procedure

   Instructions as set down in manufacturers manual or treatment protocol.

7) Register of Authorised Users

   Details of trained personnel with signed declarations of individuals.

8) Laser Protection Advisor

   Contact details of the LPA

9) Laser Protection Supervisor

   a) One Authorised User shall be nominated Laser Protection Supervisor to ensure that
      the register is maintained and the local rules are adhered to
   b) Name of the laser protection supervisor

10) Record of laser use

    A register shall be kept which will separately record the following information every time
    the IPL is operated

    The name and date of birth of the person treated
    • date of treatment
    • the operator
- the treatment given
- any accident or adverse effects.

11) **Laser/IPL Operator Training**
   
a) All laser/IPL ‘authorised users’ shall hold the Core of Knowledge Training Certificate together with specific training on the use of onsite equipment provided by the supplier of the Laser/IPLs.

b) Details of all training shall be recorded in the Register of Authorised Users or a separate Training Register.

12) **Controlled Area designation and access**
   
a) The room in which the laser/IPLS is used shall be designated a ‘Controlled Area’ and the laser shall only be used in this area. Approved warning signs shall be fitted to the door i.e. ‘Controlled Area’, ‘Eye Protection’ etc.

b) A notice should be fixed to the laser/IPLS indicating that its use is subject to the Local rules.

13) **Register of Authorised Users**
   
A register shall be kept of personnel authorised to operate the equipment.

14) **Safe Operation of device**
   
a) No more than one laser/IPL shall be switched on during the client treatment.

b) When the laser/IPL is in operation the number of persons in the room shall be kept to a minimum.

c) The laser/IPL shall not be enabled to fire unless it is directed towards the treatment site or a beam stop.

d) The Authorised User shall be careful to avoid reflections of the beam from Instruments/equipment in close proximity to the beam path, matt/nonreflective surfaces etc. shall be provided.

e) Whenever the device is unattended by an Authorised User, the laser shall be switched off and the key withdrawn and placed in safe custody by the Authorised User.

15) **Operator responsibility**
   
a) It is the responsibility of the equipment Authorised User to be aware of the nature of the hazard involved and to be familiar with the manufacturer’s operating instructions.

b) During the operation of the laser (or IPL) the Authorised User is responsible for the safety of all person’s present, including the client and themselves.
16) Protective eyewear

Protective eyewear shall be provided and clearly marked for the laser. It is important that the correct goggles are used e.g. the use of a coloured sticker or other identifier on the goggles matches a similar identifier on the laser of IPL. The Authorised User shall instruct all personnel in the Controlled Area to wear goggles suitable for the laser being used.

17) Application of local rules

a) The laser shall only be used in accordance with these local rules.

b) Authorised Persons shall sign statements that they have read and understood these local rules.

c) The local rules shall be kept in the treatment room/s at all times.