



- play at any age
- social & competitive
- great for all-round fitness
- fun & beneficial to your health
- promotes a long, healthy life
- feel strong & motivated
- help cope with anxiety & stress
- It is a skilful & intelligent game
- develop mental stamina

Broomfield Badminton Club

Invites you to join us!

All standards welcome – over 16's only please

Wednesday evenings 7.30pm – 9.30pm

Nuffield Health at Enfield Grammar Lower School,

Parsonage Lane, Enfield EN1 3EX

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